

Form of Intent for Participating in Weightlifting (F1)
The 24th Thailand Sports School Games “Nakhon Lampang Games”
During 22 – 31 July 2023 at Lampang Sports School
.....Sports School

Code..... Weightlifting (U14)

Boys’ Individual (Snatch, Clean and Jerk)

Events	Athletes	
	Specified Number (Person)	Participating Number (Person)
49.0 kg (body weight does not exceed 49.0 kg)	1-2	
55.0 kg (body Weight exceeds 49.0 kg but does not exceed 55.0 kg)	1-2	
61.0 kg (body Weight exceeds 55.0 kg but does not exceed 61.0 kg)	1-2	
67.0 kg (body Weight exceeds 61.0 kg but does not exceed 67.0 kg)	1-2	
73.0 kg (body Weight exceeds 67.0 kg but does not exceed 73.0 kg)	1-2	
73.0+ kg (body Weight exceeds 73.0 kg)	1-2	

Girls’ Individual (Snatch, Clean and Jerk)

Events	Athletes	
	Specified Number (Person)	Participating Number (Person)
40.0 kg (body weight does not exceed 40.0 kg)	1-2	
45.0 kg (body Weight exceeds 40.0 kg but does not exceed 45.0 kg)	1-2	
49.0 kg (body Weight exceeds 45.0 kg but does not exceed 49.0 kg)	1-2	
55.0 kg (body Weight exceeds 49.0 kg but does not exceed 55.0 kg)	1-2	
59.0 kg (body Weight exceeds 55.0 kg but does not exceed 59.0 kg)	1-2	
59.0+ kg (body Weight exceeds 59.0 kg)	1-2	

Team officials	Specified Number (Person)	Participating Number (Person)
Team Manager	1	
Coach	1	
Assistant Coach	1	

Form of Intent for Participating in Weightlifting (F1)
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Sports School

Code..... Weightlifting (U16)

Boys’ Individual (Snatch, Clean and Jerk)

Events	Athletes	
	Specified Number (Person)	Participating Number (Person)
49.0 kg (body weight does not exceed 49.0 kg)	1-2	
55.0 kg (body Weight exceeds 49.0 kg but does not exceed 55.0 kg)	1-2	
61.0 kg (body Weight exceeds 55.0 kg but does not exceed 61.0 kg)	1-2	
67.0 kg (body Weight exceeds 61.0 kg but does not exceed 67.0 kg)	1-2	
73.0 kg (body Weight exceeds 67.0 kg but does not exceed 73.0 kg)	1-2	
81.0 kg (body Weight exceeds 73.0 kg but does not exceed 81.0 kg)	1-2	
81.0+ kg (body Weight exceeds 81.0 kg)	1-2	

Girls’ Individual (Snatch, Clean and Jerk)

Events	Athletes	
	Specified Number (Person)	Participating Number (Person)
45.0 kg (body weight does not exceed 45.0 kg)	1-2	
49.0 kg (body Weight exceeds 45.0 kg but does not exceed 49.0 kg)	1-2	
55.0 kg (body Weight exceeds 49.0 kg but does not exceed 55.0 kg)	1-2	
59.0 kg (body Weight exceeds 55.0 kg but does not exceed 59.0 kg)	1-2	
64.0 kg (body Weight exceeds 59.0 kg but does not exceed 64.0 kg)	1-2	
71.0 kg (body Weight exceeds 64.0 kg but does not exceed 71.0 kg)	1-2	
71.0+ kg (body Weight exceeds 71.0 kg)	1-2	

Team officials	Specified Number (Person)	Participating Number (Person)
Team Manager	1	
Coach	1	
Assistant Coach	1	

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Code..... Weightlifting (U18)

Boys’ Individual (Snatch, Clean and Jerk)

Events	Athletes	
	Specified Number (Person)	Participating Number (Person)
55.0 kg (body weight does not exceed 55.0 kg)	1-2	
61.0 kg (body Weight exceeds 55.0 kg but does not exceed 61.0 kg)	1-2	
67.0 kg (body Weight exceeds 61.0 kg but does not exceed 67.0 kg)	1-2	
73.0 kg (body Weight exceeds 67.0 kg but does not exceed 73.0 kg)	1-2	
81.0 kg (body Weight exceeds 73.0 kg but does not exceed 81.0 kg)	1-2	
89.0 kg (body Weight exceeds 81.0 kg but does not exceed 89.0 kg)	1-2	
96.0 kg (body Weight exceeds 89.0 kg but does not exceed 96.0 kg)	1-2	
96.0+ kg (body Weight exceeds 96.0 kg)	1-2	

Girls’ Individual (Snatch, Clean and Jerk)

Events	Athletes	
	Specified Number (Person)	Participating Number (Person)
49.0 kg (body weight does not exceed 49.0 kg)	1-2	
55.0 kg (body Weight exceeds 49.0 kg but does not exceed 55.0 kg)	1-2	
59.0 kg (body Weight exceeds 55.0 kg but does not exceed 59.0 kg)	1-2	
64.0 kg (body Weight exceeds 59.0 kg but does not exceed 64.0 kg)	1-2	
71.0 kg (body Weight exceeds 64.0 kg but does not exceed 71.0 kg)	1-2	
76.0 kg (body Weight exceeds 71.0 kg but does not exceed 76.0 kg)	1-2	
81.0 kg (body Weight exceeds 76.0 kg but does not exceed 81.0 kg)	1-2	
81.0+ kg (body Weight exceeds 81.0 kg)	1-2	

Team officials	Specified Number (Person)	Participating Number (Person)
Team Manager	1	
Coach	1	
Assistant Coach	1	